

# Breakfast October 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/2/2023 WG Cinnamon Bagel 2oz Cream Cheese Orange 1/2c Apple Cherry Juice 1/2c	10/3/2023 WG Honey Bunches of Oats 1oz String Cheese 1oz Apple 1/2c Fruit Cup 1/2c	10/4/2023 WG Darlington Bar 1oz Hard Boiled Egg 1oz Banana 1/2c Craisins 1/2c	10/5/2023 Peach Yogurt Partfait 1oz WG Granola 1oz Applesauce 1/2c Orange 1/2c	10/6/2023  No School
10/9/2023  No School	10/10/2023 WG Honey Nut Cherrrios 1oz String Cheese 1oz Apple 1/2c Fruit Cup 1/2c	10/11/2023 Vanilla Yogurt Partfait 1oz WG Granola 1oz Banana 1/2c Craisins 1/2c	10/12/2023 WG Oatmeal 2oz Apple Cinnamon Applesauce 1/2c Orange 1/2c	10/13/2023 WG Banana Muffin 2oz Pear 1/2c Apple 1/2c
10/16/2023 WG Cinnamon Raisin Bagel 2oz Cream Cheese Orange 1/2c Apple Cherry Juice 1/2c	10/17/2023 WG Trix 1oz String cheese 1oz Apple 1/2c Fruit Cup 1/2c	10/18/2023 Peach Yogurt Partfait 1oz WG Granola 1oz Banana 1/2c Craisins 1/2c	10/19/2023 Strawberry Darlington Bar 1oz Hard Boiled Egg 1oz Applesauce 1/2c Orange 1/2c	10/20/2023 WG Blueberry Bread 1oz String Cheese 1oz Pear 1/2c Apple 1/2c 
10/23/2023  No School	10/24/2023 WG Cheerios 1oz String Cheese 1oz Apple 1/2c Fruit cup 1/2c	10/25/2023 Vanilla Yogurt Partfait 1oz WG Granola 1oz Banana 1/2c Craisins 1/2c	10/26/2023 WG Oatmeal 1oz Apple Cinnamon Applesauce 1/2c Orange 1/2c	10/27/2023 WG Banana Muffin 1oz Pear 1/2c Apple 1/2c
10/30/2023 WG Cinnamon Rasin Bagel 2oz Cream Cheese Orange 1/2c Apple Cherry Juice 1/2c	10/31/2023 WG Honey Bunches of Oats 1oz String Cheese 1oz Apple 1/2c Fruit Cup 1/2c	NOTICE: The data contained within this report and the Mosaic Back of the Housefi Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions. * All Grain/Bread items served are Whole Grain Rich. In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), age, disability, and reprisal or retaliation for prior civil rights activity.		

